

Parenting Tips Newsletter by Parent Team LLC

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How much should I expect from a child
their age? Child Development

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Parent Team Customer Satisfaction Ranking Very High!



Parent Team LLC recently completed a customer satisfaction survey in an attempt to improve the quality of our parent coaching services. With most of the result in, we are happy to report 100% of customers responding were very happy with the knowledge base of their parent coach and the results of the coaching process. The anonymous surveys asked for feed back. Here are some of the comments made about Parent Team Parent Coaching:

"Everything was chaos and once we put in practice Ruth's techniques things started to change immediately!"

"Ruth is awesome! We love her and what she did for us."

"Anyone with teens and pre-teens should take this course. It was very helpful."

"Ruth is very calm and easy to talk to."

Ruth is here for you when you are ready for a change.

Call or [e-mail](#) today to set up a free consultation.

920-619-6539
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Greetings!

Here comes summer! The recent change of weather sure has gotten my family excited about summer and all the fun that comes with it. For us as parents it means the children have a great deal more free time on their hands and hopefully we get to spend more time with them as a result.

While we are spending this time with them it is important that we know and accept our child for who they are and the developmental stage they are currently passing through. I believe if you know and understand your child's developmental stage you will be better able to deal with the day to day behaviors of the child. If you know what to expect, it will not take you by surprise and you can deal with it calmly.

The following sections will look at the different stages of child development and briefly outline what can be expected. I then provide you with a link to more specific child development charts that are available on-line.

I hope you find this information helpful. If you have any comments about these newsletters or questions about what I do as a parent coach please [e-mail](#) me or give me a call at 619-6539.

**Pre-school
development**

619-6539

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Quick Links

[Parent Team Website](#)

[Green Bay Press Gazette Article about Parent Coaching](#)

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First let's take a quick look at 2-3 year old children. They are certainly much more of a challenge than they were as infants. They have many ideas of what they want to do, however the skills they need to accomplish them are just developing. This deficit in skills leads to frustration and manifest themselves in tantrums. It is critical that as parents we are empathetic advocates for our toddlers. They need us to understand their frustration and help them learn the skills they so desperately want to master. Though their impulsivity and possessiveness can be maddening at times it is our responsibility as parents to remember that this is just a stage and our job is to remain calm and help them through it.

Next we look at the ages of 4-5, the major developmental task during this period of development is to figure out where mom and dad end and where they begin. They know mom, dad, teachers and such have power and they are very curious about how this power is acquired and how they can get some. They may experiment with many different methods and test parents patience, but they are simply experimenting to see what they have control over and how they can obtain more power. They want desperately to be like mom and dad and part of that is having power over others. Understanding this and giving these children choices over little issues can help them feel empowered.

[Pre-school child development chart](#)

This is an excellent chart from Mayo Clinic that cover children 2 to 5 years old.

School Age Child Development

Competition and comparison are two huge parts of the development of children ages 6-12. The words, "that's not fair" are frequently spoken as they compare and contrast how others are treated compared to

them.

They compare themselves to peers and seek to fit in somewhere. Friends become more and more a major influence as the child grows in years. As parents that means we need to be ever more vigilant about the company our children keep. You do not need to select their friends for them, but be sure to know their friends and their families. It is not being nosy it is being an involved caring parent.

[School Age Child Development Resource](#)

This website contains a developmental chart as well as other good resources regarding a variety of issues parents face with school age children.

Teenage Development

Teens begin to experience all types of physical, social, psychological and intellectual changes. As parents it is important that we expect and allow for these changes. Particularly the psychological changes that mandate the teen move away from the parents and begin the process towards separation so they are prepared to venture forth into the real world at age 18. This transformation is not easy for child or parent, it may almost seem like we lose our children for a period. As a mother of five teens I can assure you that given time, understanding and firm limit setting, they come back. It just takes longer with some than others.

[Teen development and issues](#)

This link is actually a wealth of information about many teen issues that are of concern to parents today in addition to developmental charts.